Melanoma

RFQs
• Is there any family history of melanoma or skin cancer?
• Is there any reason why you might be prone to melanoma or skin cancer?
• Has this mole changed?

Provide
This brown mark on your skin doesn’t look worrying. It’s uniform in colour and has a nice smooth outline. It’s not particularly big. But why don’t we keep an eye on it. Perhaps you would prefer for me to look at it again in 2 or 3 months if it has changed at all?

Safety net:
If I’m wrong about this being a harmless brown mark: The things that you would be looking for that might suggest that your mole might be turning bad would be:
• The mole is not symmetrical.
• The border of the mole is irregular.
• The colour is different in different parts of the mole.
• The mole is bigger than 6mm.
• Some extra features including bleeding and itching.
I’ll give you a list of what to watch out for if you like. Where shall we leave things today?