

Patient Instructions

Name of Patient: Anita Sugden age 63

Description of the patient & instructions to simulator:

Well apart from this loose implant.

Yes, I'm on the waiting list to go for a revision but that might not be until October or November.

PSO

You live alone. You don't smoke or drink.

You are obese. You are waiting for a re-do operation on a loose artificial knee. Sometimes your shoulders play up and that can affect your activities. A couple of weeks ago you couldn't get out up from the sofa because your knee wasn't right and your shoulders were playing up. All seems well now. You been seen by an occupational therapist and have, so far, declined a walking stick or an emergency call buzzer.

You used to work as a nursing sister.

First line and history

Well it's more of a trivial thing but when I first booked the appointment I had erm, see look, a stripe across there and it was just sort of about there when I made the appointment and it's

gradually gone across and I've got another one on this wrist.

I haven't burned it or anything, so. I mean it's not a life threatening condition but I was puzzled.

And it was really really sore when it started and this last couple of days it's not sore anymore but it looks as if I've burned myself on the oven or something doesn't it.

It was very sore yes.

It's not sore at all now.

If asked about treatments that you have tried for your skin you eventually admit that you are using clobetasol ointment on your perineum for lichen sclerosus. In actual fact my lichen is pretty much under control at the moment which is a joy.

Ideas - I have no clue that's why I'm here.

I really just think, and as it sort of went along I just thought I don't know what it could be I can't even make a guess of what it could be. Can you?

Concerns - None really. I know this isn't life threatening.

If asked again: Even when it was smaller it was really painful and then it sort of gradually crept across and I thought if it gets all the way round is my hand is going to drop off. That's stupid but you know it sort of makes you think....

Expectations - A diagnosis if possible.