

Patient Instructions

Name of Patient: April Sissons

age 47

Description of the patient & instructions to simulator:

PSO

I've just got that much other stuff going on. Just work and the kids - I've just become a Granny.

Oh, god, yeah, she's absolutely beautiful. She was born in November

I live with my partner, my young son, who's ten and my eldest, but he's kind of living at his girlfriend's mam's at the minute, since she's had the baby.

If asked specifically: No sexual contact with anyone else.

First line and history

I wasn't expecting to get an appointment so soon this morning – I think I may have a water infection. Now, I've been asked for this (holding up a tiny sample of urine) and I'm sorry, it's quite a feeble attempt.

Ah right, okay. It's just, I'm having pain when I need to go to the toilet, when I'm going to the toilet and after I've been.

And it's like, all along the bottom, so it feels a bit like a water infection.

If asked: It started about three days ago.

If asked about your contraceptive needs: Oh, yeah, I've just had the implant taken out and my periods had stopped, and I was just feeling really poorly. Just, kind of, around the time that I would have had a period – I was having headaches for about two weeks. Just sick, dizzy, because they weren't happening – it had stopped them altogether.

So, I mean, nothing's happened yet, since I've had it taken out, so I'll just have to wait and see.

If specifically asked:

- It just feels like that – it's just when I need to go to the toilet.
- Long time ago since I've had a water infection because usually I've got them, and I don't know I've got them.
- I've had occasional water infections in the past, yeah, but sometimes I just get back pain with them.
- No back pain at the moment, though. Just that lower tummy discomfort - and when I go it hurts.
- I'm going more often than usual as well.

- Your last period was 4 months ago. Because of the implant, I guess.
- If asked about the possibility of pregnancy: None at all. My partner's had a vasectomy (to simplify this scenario).
- You've never had chlamydia.
- No discharge from down below. And when you've had sex, it's not been painful when you've been having sex.
- Your mood is fine.
- Weight's been steady, eating okay, no lumps and bumps, and no night sweats or anything like that.
- If asked about flushes: "I do get quite hot on a night-time, around about my period – when it's due."
- If asked: How old was your mum when she went through the change, do you know?: "I think she was in her fifties."

Ideas – I think I may have a water infection.

If asked: Could it be anything else? "No, not as far as I know."

Concerns – You have no thoughts if could be anything else apart from a water infection.

Expectation – Just some antibiotics doctor please.

