

Doctor's Instructions

Name & age of patient Carla Thompson 43

Summary Card

Past Medical History: Hypothyroidism Rectocele and cystocele 2 years ago. March fracture right 3rd metacarpal 3 years ago. Recurrent low back pain

DH: Cerelle, Amitriptyline 10mg tab 1-2 nocte prn for low back pain

Allergies: nil

Case Notes - Last few entries in records:

HbA1c 32 Cholesterol 4.0 HDL 1.1 LDL 2.9 Triglycerides 1.7 TSH 2.4

2 months ago currently seeing weight watchers Weight 117kg Height 185cm BMI 34 BP 122/76 bloods taken for CVD prevention. Q risk 2 score 1% provisionally