

## **Patient Instructions**

**Name of Patient:** Carla Thompson

age 43

### **Description of the patient & instructions to simulator:**

#### **PSO**

Work at a primary school, at the office.

Because I had a bad back, and as soon as I had the injections, this foot was like, disappeared, so I don't know how that worked.

My two kids and my husband. The kids are ten and fifteen. (We don't sleep in the same room anyway, we haven't done for about fifteen years.)

I'm not a smoker.

Maybe on a weekend, I'll have a - like, a bottle of wine over the two nights, or...

But I haven't noticed a link with these symptoms.

No particular habits or hobbies - I don't have time with having a husband and two kids.

#### **First line and history**

So, for a couple of weeks - well a few weeks - I feel as though I've got, like, a lump constantly in my throat.

Like, on a night time when I go to bed, I get quite a bit of - I don't know, well it feels - if I take a Rennie, it feels as though if I take a Rennie, it sort of dissipates it a little bit.

Erm, so that's one thing, and the other thing's my foot.

*If asked to prioritise:* Well, they're both the same, really.

I'd like them both to be seen today, or for you to have a look at today, yeah.

*Regarding the foot:* On the 5<sup>th</sup> of September, I walked into a door.

And so, and since then, more recently, I've been getting pains up the top of it and I just want to know if it's connected, if you wanted - if you had a feel of it and just thought it was okay, that's all I wanted to know.

*If asked about the prolapse:* My tampons kept falling out. But I don't need them for now since the Cerelle has stopped me from having periods.

*When asked for more detail about the throat:* Well, no, I've got the - I've constantly got the feeling there, but I've noticed quite a bit on a night-time, like, I'll wake up during the night and... like with a mouthful of sick, or as if I'm going to be sick.

Rennies seems to help - well, yeah.

Yeah, so I don't know if it's something to do... that it's all connected or not, I don't know.

*When given options you are happy to go with reasonable suggestions:* Well, we'll try that and if I still feel as though I've got the problem in a few weeks' time, I'll make another appointment.

**Ideas** – I don't know. Googled it.

One says something could be to do with the menopause.

I said to the girls at work, I said I don't know, it just feels like - like there's something stuck there?

That's all I can describe it as.

**Concerns** – Google says something to do with the menopause, which...

I don't know, I just skimmed - you know, I haven't googled it for hours, I just, like, googled lumps in the throat.

**Expectations** – None really.

If asked again: Well, no, I just – you know, see what it is.

