

## Doctor's Instructions

**Name & age of patient Edward Alder 75**

### Summary Card

Past Medical History: 10 years ago Hypertension. Silent myocardial infarction on ECG

DH: Lisinopril 20mg od, Aspirin 75mg od, Atorvastatin 20mg od

Allergies: None

### Case Notes - Last few entries in records:

3 weeks ago 2-3 months intermittent dribbling incontinence at night. day time stream good. No hesitancy or terminal dribbling. Weight steady. 76 kg 179 cm. BP 123/65. No pain. No dysuria. Large prostate with left sided nodule. PSA and U+E. 2 week referral to urology suspected prostate cancer.

Letter from specialist:

Sunderland Royal Hospital

Mr Jenkins

Consultant Urologist

Edward Alder

aged 75

Thank you for referring Edward to the clinic under the two week rule. He came to us with a PSA of 30 which was performed to investigate his lower urinary tract symptoms. He was complaining of occasional nocturia, and terminal dribbling but on the whole has not significant bothersome LUTS. He has no family history of prostate problems and his past history is grossly unremarkable. He may have had a myocardial infarction in the past but it's never been symptomatic of either this or his hypertension. Is BP is now well-controlled here's a non-smoker takes occasional alcohol and lives with his wife.

On examination today he had an asymmetrical prostate with a nodule on the left. I have discussed his case with Mr Jenkins and we feel it prudent to continue investigations under the two week rule including an MRI, bone scan and TRUS biopsies.

Many thanks

Yours sincerely,

Mr Doyle Specialist registrar