

Patient Instructions

Name of Patient: Ethel Warner

age 72

Description of the patient & instructions to simulator:

You are not obstructive to the doctor, just a little vague at times. You don't have a full understanding of your new health problem.

My cough is a lot better, just you know, like, odd times now. But the doctor (Dr Walker) did increase my lansoprazole, because she thought it might have been acid coming up.

You are happy with your diabetic control and with your current diabetes treatment.

PSO

I stopped smoking when I was diagnosed with diabetes (Type 1) in my twenties. I live with my husband, who is in fairly good health in a bungalow.

I retired from shop work 7 years ago.

I have family nearby. A daughter, Wendy, who does my shopping.

First line and history

I was here a month ago and I saw, I think a Dr Walker.

She sent me for an x-ray because I still had that cough. (The cough has now pretty much gone.)

And she sent me - I had to come back and have some tests done on my legs and then she sent me to the clinic at Sunderland, and I'm still waiting for word back. I had some kind of - with the gel on?

But I never rang in about my x-ray, because I thought you would have got in touch if there was anything...

Quite a while, my low back and my legs are sore when I walk.

If asked politely to be more specific: "No, not years. Months."

My lower back. It doesn't matter what I do, if I'm not sitting or lying it's aching, and then when I get up to do something it really starts to niggle, and then gets worse, and then I have to go and sit down.

If questioned directly: The pain in my low back is much worse when I walk and improves when I rest.

Erm, I can walk to the bottom of our street and then the pains start – well, the ache.

Something like 400 yards.

If I sit, stand beside the wall, it'll ease off a bit and I'll go the rest of the way.

If asked about the special test that she had in the hospital: Something - she said she couldn't get nothing in my left foot.

If asked about your diabetes: At the moment, I'm not too bad at all. I haven't had any hypos for - since the last time I was at the hospital (2 years ago). (Type 1 diabetes.) My blood sugars are doing fine. (I usually take 14 units in the morning and 10 units in the evening.)

If asked about your feet: She said about the either fluid or swollen ankles, that's the only thing she really said to me. I've had this for the last few years, but I've...

Ideas – I think that my left leg and low back pain are probably caused by narrowed arteries.

Concerns – That I wouldn't get back... You know, you get so far, and it's alright if there's somebody there, but if you were, like... (might not able to get back home.)

Expectation – It was mainly my back, and to ask you about the tablets she gave me. Have I to stay on the two instead of one? If so, I need some. (Lansoprazole - I'd like to stay on the 30mg per day dose.)

