

## Doctor's Instructions

### Name & age of patient

Evie Carr 48

### Summary Card

Past Medical History:

Iron deficiency anaemia secondary to heavy periods

Eczema

DH: ferrous fumarate 110 mg OD, zeroderm appointment both on repeat

Allergies: nil recorded

### Case Notes - Last few entries in records:

One month ago - car accident 12 months ago. Any left shoulder/ neck as a result, no spinal tenderness

Full shoulder range of movements, fibromyalgia negative,

Pilates/ yoga, anti-inflammatory gel. Review as necessary.