

Patient Instructions

Name of Patient: Joe Brady

age 20

Description of the patient & instructions to simulator:

You are keen to avoid skin cancer and will accept any recommendations from the GP provided that the doctor communicates with you effectively.

You are also happy to take vitamin D supplements if suggested to make up from avoiding sun exposure.

That is something I would consider actually yeah.

If the GP suggests it you think it's a really good idea to take decent photos of the moles to watch for changes.

PSO

I work as a marketing assistant. I no longer smoke anymore.

Single. Gay.

Sexual health? No no I've been checked out. No concerns that might be at risk or need retesting.

Just a casual drinker. No not an alcoholic. No, just a Friday or Saturday thing
I am back with my parents in the UK

First line and history

Well basically I've got some moles on the back of my neck and I am just a bit concerned about them. I am really sensitive to the sun and I have been in south east Asia for a year.

Obviously I have been putting sun cream on but on the odd occasion I was getting badly burnt. I was just wanting a check up really.

I don't monitor them closely but I have moments where I look at them.

I had my parents looking at them last night. It is difficult to check them.

I think so, it seems to have got a little bit larger. I did google it so I think I scared myself a little bit.

I wear factor 50.

I am also always wearing long sleeves tops; even in England because my skin is that bad.

Ideas – I have lots of moles and one has grown. They are mainly just on the back of my neck. It is quite hard to see but there is one when I look in the mirror which seems to have grown.

Concerns –

Only if asked: Melanoma. Yeah, it runs in the family as well. My dad has had it three times. Particularly with me having fair skin. One of my moles seems to have got bigger. And it's darker than the others.

Expectation – Just to rule out melanoma. Happy with the GPs opinion if the doctor appears competent and outlines the features to look for that might indicate a specialist opinion might be needed.

