

## Doctor's Instructions

**Name & age of patient** Lee Stone 42

### Summary Card

Past Medical History: Essential Hypertension 3 years. Gout 6 years

DH: Allopurinol 300mg OD, amlodipine 5mg OD

Allergies: nil

### Case Notes - Last few entries in records:

6 weeks ago Dr Hessami: Right shoulder pain after lifting heavy wood. No other joints affected. No red flags. Good range of movement. BP 120/76 Recommended simple analgesia. Risks and side effects discussed. Safety net.