

Doctor's Instructions

Name & age of patient Mabel Wright 86

Summary Card

Past Medical History: Type 2 Diabetes Mellitus diagnosed 10 years ago. Heart failure diagnosed 7 months ago when admitted to hospital for several days

DH: Metformin 500mg bd. Furosemide 40mg bd. Bisoprolol 10mg od, Digoxin 62.5ug Insulin glargine, needles and testing strips

Allergies: nil recorded

Case Notes - Last few entries in records:

2 months ago Tending to feel light headed on standing. Fell once. Pulse 62 regular. BP 99/60, reduce furosemide

4 months ago medication review, symptoms well controlled. Pulse 58 regular. BP 106/64 no postural drop in blood pressure. Weight stable 56kg. U+E eGFR 42 potassium not measured (old sample). HbA1c 55 (7.2). FBC normal. Letter from Dr De Alwis requesting that we ensure on the right dose of bisoprolol.

6 months ago phone consultation out of hospital last week. Medications updated suggest face to face appointment shortly. Daily weights. Safety net. Letter from hospital awaited.