# **Patient Instructions**

#### Name of Patient: Ross Green

#### age 24

# Description of the patient & instructions to simulator:

I have a right hand injury.

### <u>PSO</u>

I work in a factory on production. Using my hands. Obviously, my lass has just had the baby, so I'm just trying to help out.

Ten weeks, yesterday. Things are going well. We're coping.

And we have our our other daughter, Sienna, aged 3.

Oh, she's good, she's dead good with her. She always comes over and says, 'I love her' and that, she gives her kisses and...

At work: Everything's hand - really fast-paced hand work.

But, if it's not holding a spray gun for hours on end, it's putting wires on and, like, re-working parts and stuff. It's holding - it's loads of chemicals, there's the chemicals that get sprayed, there's the glue, if you're re-working parts, there's just loads of horrible stuff really.

Right. They said themselves, they said there's not really any jobs we can put you on, because you have to use your hands for everything. But their...

They said they don't want people to come in to sweep for eight hours, so.

I smoke, but not very often.

I'm cutting down anyway, but I should be fine. I've been doing alright.

Well, my lass has stopped actually, after she got that champix.

Yeah. It's working for her, the odd time if she's a bit tired and stressed and that, she'll say, 'Can I have one', but if she has one she just coughs and...

She's not bothered about it anymore.

### First line and history

I was at home yesterday, and I went to go in loft and I - the ladders only came so far up, because they're just little ones and I went to put my hand up and there was metal and wood and nails and that on the floor and I've done that. Obviously, my work, it's production work in a factory and everything is using your hands. They said they had no jobs, basically, for me to do, when I went in, but they can't send me home, so I had to send myself home yesterday, and they advised me to come to the doctors or A&E or something...

Yeah, and it's just sore, it's - it was just a bit yellow on it this morning, down the bottom, I don't know, I've cleaned it and everything, but it's just sore. It's really sore. I know it just looks like a little cut, but I've had cuts like this but it's where it is as well.

If asked if there was some other issue today: Migraines as well, I used to get really, really bad migraines before, and they're starting to come back but it's hurting. Like, I'll start feeling really dizzy and, sometimes when I'm in work it's worse, because obviously I'm doing my jobs and it's

really fast-paced and I can just - it's more in the back of my head, now. In the back section there, it's just a really, really bad throbbing in the head and it's the last couple of weeks where it's gotten really bad.

If asked which was the priority issue: Well, the hand, because I was at work today, but my head as well. They always used to be closer to the front and that, it's just at the back, but it's just a really bad throbbing pain.

Regarding the headaches: Yeah, they come - sometimes it'll be over the space of an hour, every couple of minutes I'll get really bad, a few throbbing pains, but it's just...

Well, it was years ago. I got treat - I got told to go to the, do you know the children's thingy at Sunderland hospital?

Because I was obviously, I was that young then.

I was like younger, yeah. They just - I had MRI scans and EEG scans and that; they said there was nothing there, but they were going to put me on some anti-psychiatric ones to, like, counteract the headaches or something, because I was getting them really bad, before, but...

Perhaps a little hot but nothing else that might suggest infection elsewhere apart from the headache.

If asked specifically: No, I haven't had any tetanus jabs in a long while.

Well, the nurse at work, like, cleaned it and she wrapped it up and that, and she was saying herself that it's not like a proper - basically like a fatal thing but it's just took a few layers of skin off.

But, obviously with the job being the job it is, there's not really much that I can do.

(If the doctor goes into more detail about the headaches: No it's just been the last couple of weeks really. Mostly at the back of my head. Especially when I'm tired. The baby has been disturbing my sleep. I'm keen not to take too many painkillers unless you think it's a good idea.)

Ideas – I can't work until this cut on my hand gets better.

After discussion about how long it might take to get better: The nurse there (at work) - I was saying, I said, 'I don't know what to do, shall I go to A&E or the doctors' or something and she just kept saying she was in casualty for years and years and that it would heal in about two days. Two or three days it should heal in.

**Concerns –** I don't know, just advice, I've never.

Yeah, I've never really had a cut that's sore like that, it's just with it being on my hand and...

**Expectations –** I don't know, but they advised me to call the doctors or something - or A&E to...

If asked what else the doctor could do for you: I don't know, I don't know.

After further discussion: I don't know what to do with work, they're awkward, I don't know what they want me to do. They advised me to go to the doctors, but they can't send you home themselves, but then I went in yesterday and they said that there's no jobs you can

really do. And they don't want someone coming in, getting paid over £10 an hour to clean up.

I don't know. No, because it - the way it works in there it's like, I had to send myself home, it's not up to them.

I'm contracted.

I think that's why they advised me to get a note. (You are happy not to be given a note today, just advice to not do the normal job or to be given a fit note.)