

Example of GPs script:

**Patient contribution**

Hello, what can I do for you today?

Tell me a bit more. Eyes and ears?

So, often falls and is tripping over himself, was there anything else? You mentioned his ears...

**ICE**

Was there anything else that you are concerned about?

So you were thinking it could maybe be down to his eyesight? Or it could be due to his ears?

Anything else on your mind?

Anything in particular that you wanted me to do apart from look at his eyes and his ears?

**PSO**

So he's just started at nursery now?

Who is in the home?

Nobody smokes?

Is dad on the scene?

You say that with a bit of malice in your voice... (doctor picks up on a cue).

Does dad have any contact at all?

Is that distressing for either of you?

Do you have plenty of support around, do you have family around?

Okay. Were there any issues with dad?

**Red flags**

Has he had any serious injuries with this at all?

But his general health is fine?

**Focussed history**

And what tends to happen when he topples? Does he trip over himself?

Is he hearing alright?

No discharge from his ears?

How do you clean them?

Anything else wrong with him? Growing okay? Fit and healthy yes?

**Focussed examination**

Alright. Okay, shall we start with your ears my friend? Would that be alright? Beautiful ear on that side let's have look at the other one. That one looks good as well. Do you mind if I just whisper to you? You tell me what I'm saying. Elephant. What was that? What did I say?

Does he seem to hear alright?

Tell me what I'm saying, listen carefully. Ice cream. He smiled.

Let's try the other one. Chocolate.

Let me have a look at your eyes. So if I can hold up something that you can look at. This is what every little boy likes looking at. Can you see? Does it look the same with both eyes, can you see it now? Yes, okay.

Let's just see how it affects him at the moment. It would be helpful to watch him walk. Can you walk towards me? I tell you what mum you come to me. Okay that's lovely. And if you can both walk to the door outside and then walk back again. Now I want you to race your mum, so you need to run. Run to the door. Go go go, fast fast fast. And then run back again. Run back. Well done, brilliant. Let's have a look at your feet as well. Do you want to sit up on mum's knee.

Can I just borrow your hand to check for bendiness? You're not particular bendy so I'm not worried about that.

**Identify problem and explain diagnosis**

Okay, so his hearing is fine isn't it?

So he's got no lazy eye at the moment and he's seeing clearly with both eyes. Which is good news.

This is a normal stage of development. For him to be just in-toeing little bit. The foot veers in the way and he tends to trip over his foot and and it's a normal stage of development.

So his feet straighten quite nicely.

### **Check understanding**

**Any questions?**

### **Develops management plan / shares management plan**

**He doesn't need any special treatment for that. He will grow out of it, but it may take a year or two.**

**But I can be quite reassuring about his hearing and his eyesight, and also about his bones and joints, they're fine. So long as it doesn't cause him to have a major injury I'm not too worried. Or if it does, or if it's getting worse, I'll have another look at him. But his coordination is really good is able to walk, he's able to run. But he occasionally trips over himself when he gets a bit lazy. His feet just cross over each other and bang. And he's over.**

### **Safety net and follow up**

**...but if he's got a persistent squint it might be worthwhile getting an optician to assess him. If it's getting worse and he is falling more often and you are worried about it, we'll see him again.**