

## Doctor's Instructions

**Name & age of patient** Sylvia Bowery 69

### Summary Card

Past Medical History: 10 years ago GORD

DH: Omeprazole 10mg od prn for heartburn symptoms

Allergies: None

### Case Notes - Last few entries in records:

6 days ago ESR 15

One week ago: Several weeks of discomfort mostly right temple. Can't bear to touch temple. Teeth and ears fine. No sinus tenderness. No nasal polyps. Slightly sensitive to brush on right temple. Normal visual acuity and visual fields. ESR please. Trial of prednisolone 15mg od with omeprazole cover and review 1 week. Warned side effects. Safety net.

1 year ago: Post nasal gunge. Long standing symptom. Never smoker. No nasal polyps. Never blood. Trial of nasal steroids. Betamethasone nasal drops 0.1% both nostrils for 2 months.